



# SHRINE AND PARISH OF OUR LADY OF MOUNT CARMEL WATERLOO



## SUNDAY MASSES

Saturday Vigil: 5:00pm  
Sunday: 8:00am & 10:00am

## WEEKDAY MASSES

Tuesday 5.00pm  
Wednesday 8.30am  
Thursday 8.30am  
Friday 9.00am

## PRAYER OF THE CHURCH

Will be prayed 15 minutes  
before weekday Masses.

## RECONCILIATION:

Saturday: 4.30pm - 4.45pm

**BAPTISMS:** by appointment

**MARRIAGES:** with 6 months  
notice & by appointment

## 1st Sunday of Lent 4th/5th March 2017



**Catholic Schools Week and Week of Prayer for Refugees**

## READINGS

Genesis 2: 7—9, 3: 1—7      Romans 5: 12—19  
Matthew 4: 1—11



*Our Lady of Mount Carmel Shrine and Parish acknowledges and honours the Gadigal People as the traditional custodians of this land.*

**Parish Priest:** Monsignor Greg Flynn PP

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**School Principal:** Mrs Kelly Bouris

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**MOUNT CARMEL CHURCH IS FITTED WITH A HEARING LOOP.  
PLEASE TURN YOUR HEARING AIDS TO THE "T" POSITION.**

## INTENTIONS

### We pray for:

- World and personal peace.
- Vocations to the Priesthood, Diaconate, and Religious life.
- Asylum seekers especially in Australian detention centres.
- For all sick and injured members of ADF and their families.

**Those who are sick:** Jennie Brooks, Peter Glass, Patricia McBride, Elena Crooks, Archbishop Anthony Fisher, Bernard Gee, Bishop Geoffrey Robinson, Mgr Eugene Harley, Ian Heads, Eduardo S. Sevilla, Maria Sevilla, Fr Keith Teefey CSSR, Malia Manu, John Middlemass, Peter Aplin, Khoa Nam Tran, Louisa Cregan, Mary Wiseman, Mary Carroll, Corrine Faunce, Tony Geraskis, Ellie Irwin, Joe Milson, Sandra Truong, Elizabeth Anderson, Pat Traynor, Peter Bedford, Janice Leis, Dawn Harkins, Carla Carestia, Brenda Evans, Frances Savage, Oscar Mancuso, Jennifer Judd, Tom O'Shea, Bill Farral, Judy Shepperd, Irene Brander, Danielle Miller, Jennifer Phan, Sean Hickey, Elizabeth Single, Charlie Hayden, Francis & Maria Pham, Patricia Riordan, Lyn Mulryan, Helen Henricks, Gerald O'Shea, Neville Cameron, Howard Hastings, Delfin Lucia Jose Julio Sabina Maria, and all the housebound.

**We pray for the souls of:** James Carey, Marlene Isabel Newton, Lila O'Shea, Phil Newberry, Mary Hickson, Luchi Vergara-Arceo, John Lazaro, Shirley Hastings, Dorothy Blackman, Veronica McNamara, Elisabeth Carey, Bill Harkins, Anna Nguyen, Laura Skelton, Josephine Merriman, Susan Bryson, Jay Rosenstraus, Marie O'Donnell, Jan Lloyd, Maria Medrano-David, Joyce Bagnal, Gloria Lewis, Eliza Myrapich, Dunstan Wade, Richard Vincent, Marciano Gaddi, David Bendler, Daudsyah Sadell, Anthony and Henrique Assuncao, Aluim Temporza, Ronald Thew, John Mears, Zelle Bergan, Menotti & Rosina Cavallaro, Carmela, Lucia, Stella and Maria Agazio, Joseph Cusack, the Cusack and McAuffe families, Fr Terrence Purcell, Fr Leslie Bogot, Joyce Reilly, Cath and Allan Farrelly, Raymond & Dorothy Blackman, William & Mary Ann Blackman, Leonard & Rita Taylor, Mirtis Buosi Manzano, Richard Vincent, and all the Holy Souls.

### COUNTERS ROSTER

19th Mar: Lachlan Street Push  
26th Mar:  
9th April: Pitt Street Push

### MINISTERS OF COMMUNION

#### NEXT WEEKEND:

Vigil: Yvonne Smith, Mark Blackman  
8.00am:  
10.00am: Sabby Gonzaga, Salome Li

### READERS ROSTER - NEXT WEEKEND

Vigil  
Reader - Dave Douglas  
Commentator - Steven Belcastro  
8:00am  
Reader - Virginia Peloe  
Commentator - David Hayden  
10:00am  
Reader - Sandra Truong  
Commentator - Dennis Timmins

### CHURCH CLEANERS next week: 2

### PAINTING OF THE CHURCH APPEAL:

Thank you for all your donations. The total amount so far is \$47,880.69

## 2017 Calendar

**Mar 30** First Reconciliation  
**April 7** School closes for Term 1

### Reflections on The Joy of Love (Amoris Laetitia) – Janelle Davidson

*"My advice is never to let the day end without making peace in the family. 'And how am I going to make peace? By getting down on my knees? No! Just by a small gesture, a little something, and harmony within your family will be restored. Just a little caress, no words are necessary. But do not let the day end without making peace in your family'. (Amoris Laetitia 104).*

Tonight, think over your day and your relationships with your family if there's someone you should reconcile with before bed go and do it!

The bread in your cupboard belongs to the hungry; the coat hanging unused in your closet belongs to the one who needs it; the shoes rotting in your closet belong to the one who has no shoes; the money which you put in the bank belongs to the poor.

*St. Basil the Great*

## FROM THE PASTOR

Fasting is one of the three recommended spiritual activities of Lent. When we hear the word 'fasting' we tend to think of giving up something: chocolate, beer etc. All of which is commendable but spiritual writers tell us that there is more to it. Pope Francis encourages us to think about a carbon fast which has to do with care for our environment and what we can do about it.

We are encouraged to re-cycle more, buy items with less packaging, turn off lights and heating when we don't need them, perhaps grow our own herbs and/or vegetables even on balconies. By doing some of these things we lessen the amount of carbon we contribute to the atmosphere. Not only do we disciple ourselves (by fasting) but we contribute to the care of all in the world and our environment.

May our loving Father carry us gently through the week.

**Monsignor Greg**

## School Shorts



This week as we celebrate Shrove Tuesday and Ash Wednesday, we have encouraged the children to remember the time when Jesus was sent into the wilderness. While there, he prayed and prepared for what lie ahead for him. We are aiming at instilling in our children the significance of making time in their lives to pause and to pray. One of my favourite quotes from the Bible is:

*"To pray is to let go and let God take over."*  
*Philippians 4: 6 - 7*

Other school news is that OLMC we are part of a State Government and Sydney Catholic Schools funded initiative "Literacy /Numeracy Success Project" for the next four years. This project allows us to have an extra teacher support class teachers and students in meeting reading, writing and numeracy goals. The opportunity to have a qualified teacher as an extra in every classroom is invaluable. I am sure I will be able to share with you over the next few weeks some amazing learning results from the students at OLMC.

### **Principal: Mrs Kelly Bouris**

'The intensest love that humanity has ever known has come from religion, and the most diabolical hatred that humanity has known has come from religion.'

*Swami Vivekananda, 19<sup>th</sup> century Hindu religion leader*



In November 2000 during a visit to CAFOD partners in Bangladesh, I met a most astonishing woman who has lived in my memory since.

She was physically unprepossessing. Well short of five foot tall, she beamed as she was introduced to us as the owner of a scraggy brown cow.

She was the marvel of her village. Several years previously she had been the stereotypical meek Bangladeshi woman. Married, subordinate, submissive, confined to the house and not consulted on the fate of her children, she had decided to ask CAFOD's partner, Caritas Bangladesh, for a loan. To qualify for a loan she needed a deposit but she had no money and no hope of ever having any.

Her response was to save ten grains of rice every time she cooked. When she had a kilo of rice, she took it to Caritas Bangladesh and borrowed an amount of money equal to twice the value of the rice. With this small amount she bought a few chickens which she looked after until they laid eggs. Some of the eggs she sold and some she allowed to hatch out to increase her flock. By the time our group met her, she had paid off her debt, made enough money to buy a cow and had become a respected person in the village. She had even been consulted by her husband on the future of her son.

One of the first things I did on returning home was to meticulously work out, ten grains at a time, how long it would take to reach a kilo. The answer: 18 months

**LENT  
2017**

## GOSPEL REFLECTION: Matthew 4: 1—11

- *Do you reject Satan and all his works? This will be a question asked at baptism. In what ways are we called to reject self-interest, power and physical comfort as followers of Jesus?*
- *What are some of the choices between 'good and evil' that we face in our own every-day existence?*



## DID YOU KNOW?

- Lent is a forty day period of special preparation for Easter. During this time the whole Church puts extra effort into three aspects: prayer, fasting and alms giving.
- The beginning of Lent marks a special time in the preparation of catechumens for baptism. The long period of formation and growth is ended and catechumens have their names entered in Church records in a special celebration known as the Rite of Enrolment of Names or the Rite of the Elect. The next few weeks of intense preparation are known as the Period of Purification and Enlightenment. Catechumens are now known as 'the elect'.

## MAKING CONNECTIONS

- In this text, Matthew continues his depiction of Jesus as the new Moses. The forty days which Jesus spent in the wilderness recall the forty years during which Israel wandered the desert and the forty days which Moses spent on the mountain.
- What are the temptations you experience? How is the balance in your life? How much energy do you expend in looking after your physical and material domain as opposed to your mental and spiritual domain?
- Have there been periods or events in your life which tested you? What did you learn of your own strengths and weaknesses from this?

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For Mary Rose and mum Maria, flexible respite provides amazing and fun experiences for Mary Rose and a break for Maria.

We assist many families in Sydney with a child with a disability.

To find out more about [CatholicCare](http://CatholicCare) call 13 18 19, email [connect@catholiccare.org](mailto:connect@catholiccare.org) or visit [www.catholiccare.org](http://www.catholiccare.org).

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## SAINT OF THE WEEK

**Saint of the Week— Frances of Rome (1384—1440) - March 9**

This lay woman and foundress, born a Roman aristocrat, married Lorenzo Ponziano when she was 13; they had several children. In 1409, their palazzo was pillaged by Neapolitan soldiers and Lorenzo was exiled for five years, returning home a broken man. He died in 1436. Frances, known for her great charity during epidemics and civil war, organized a ladies society dedicated to self-denial and good works. It became the Oblates of Tor de Specchi, which she directed for her last four years. She is the patron saint of motorists, perhaps because she was guarded for 23 years by an archangel visible only to her. Her last words were: "The angel has finished his work. He is beckoning me to follow."

<http://www.catholicnews.com/saint-of-the-week-feast.cfm>

